

CT-ASCP's SenioRx Care Perspective

Fall 2011
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Inside:

Precepting 101 and Beyond	Page 2
LAW CE Dinner Announcement	Page 3
Chapter Council Meeting Update 2011	Page 4
Notes 'n Votes— September 2011	Page 5



UConn Student Chapter Update

Rebecca Dube, UConn ASCP Student Chapter Secretary

The University of Connecticut ASCP Student Chapter has many exciting things planned for this semester. For the second year in a row, we are organizing visits to the Alzheimer's Resource Center (ARC) in Plantsville, CT. Groups of 2-4 students go to the facility for 3-hour sessions where they play games, lead memory building activities, and chat with the residents. Students thoroughly enjoy visiting the ARC, and all 11 of the scheduled dates for this fall semester filled up immediately. Feedback from the ARC staff is always positive, and the residents have really begun to look forward to visits from the students. We definitely plan to continue this program in the spring semester and future years.

In addition to this, we are trying to start a mentoring program between the ASCP Student Chapter and CT-ASCP members. The goal of this new program is for students who are interested in learning more about careers in consultant pharmacy or geriatrics to spend time with various CT-ASCP members at their practice sites. These shadowing visits would be 3-4 hours long, and hopefully in a variety of practice settings so students could be exposed to different options available to them within the scope of geriatric pharmacy. We would hope to better learn the responsibilities of the pharmacist in these settings, and to be exposed to what a typical day is like for them in their career. Also, we would like to be able to connect with the CT-ASCP members in a professional environment, which is something that we have not always had the opportunity to do in the past. So far, we are in the process of setting

up shadowing visits with Omnicare in Cheshire and Geer Pharmacy. We already have many students interested in visiting these 2 sites, and we hope to have more of these opportunities as the year goes on. If you are interested in participating in the mentoring program and have the ability to take on a few students to show them what "a day in the life" of your pharmacy practice setting looks like, please email our student chapter president, Heather Jahn, at heatherlynnejahn@gmail.com. We would be grateful for any opportunities to spend more time exploring our career path.

The last thing we have planned for this semester is attendance at this year's annual ASCP meeting in Phoenix, AZ. Students who attended the meeting last year had such a positive experience, that the majority of those who went last year are going again this year. During the first 2 weeks of the semester, members who planned to attend booked plane tickets, reserved hotel rooms, and registered for the convention regardless of whether we would be funded or not. We then gathered all the documentation necessary to apply to the University of Connecticut Undergraduate Student Government for funding. Thanks to the diligence and thorough planning and organization of the members, our 8 students were awarded funding for the full cost of the trip! We are grateful for this recognition, and can't wait to attend the annual meeting this November. We look forward to seeing those of you who will be attending the meeting!

Precepting 101 and Beyond

Erica Estus, PharmD, CGP

Clinical Assistant Professor

Department of Pharmacy Practice, University of RI College of Pharmacy

Experiential education is a significant part of the pharmacy curriculum- approximately 30% of the professional curriculum is dedicated to experiential education through introductory pharmacy practice experiences (IPPE) and advanced pharmacy practice experiences (APPE). Many pharmacists are interested in precepting pharmacy students, but often feel they are unable to accept the responsibility due to fear of over committing and increased workload. Time commitment will vary depending on practice location and level of experience of the student, but there are many opportunities, and many offer significant value to both the student and preceptor.

Potential Sites and Considerations

Prior to accepting the responsibility of becoming a preceptor, there are several considerations relating to the practice site for potential students. Models include: community and hospital pharmacies, long-term care environments, academic settings, and other non-traditional sites for pharmacists (which include many of the untapped areas for pharmacy students).

Precepting involves more than just wanting to share what you do- although it is vital that students appreciate your enthusiasm and passion for your role. In addition, there are many academic requirements that must be discussed with the experiential education office relating to the type of experiential experience ie IPPE, service learning, or APPE (institutional, community, general medicine, ambulatory care, or elective). Other considerations include:

- Site dynamics (relationships of support staff with pharmacists)
- Interdisciplinary opportunities with other students and professionals
- Workload for preceptor...how much time is available to dedicate to teaching?
- Another qualified individual able to oversee if preceptor is not available?
- Clear syllabus with defined schedule and responsibilities for student
- Learning goals and objectives for student
- How is the student evaluated?
- Benefits to student? Benefits to preceptor? Benefits to site?

Example Activities

In addition to the many activities that exist at your site from a clinical and communication perspective, there are other opportunities that you can consider to enhance learning for the student(s). These activities can be modified depending on your patient population and your practice site. Some examples include:

- Within LTC: Both dispensing and consulting pharmacist activities
- Patient counseling, MTM, documenting interventions
- Care plan/interdisciplinary team meetings (at nursing homes, hospitals)
- Research paper topics
 - Drug information questions
 - New drug information
 - Patient education materials
 - Formulary reviews
- Final case oral presentations (project or interesting patient case from experience)
- Staff or patient/support group in-services or newsletter articles
- Blood pressure clinics
- Immunization events

Particularly when precepting a rotation with a geriatric focus for IPPE's and APPE's, senior centers and assisted living facilities offer valuable opportunities, and in many cases are underutilized. With oversight, students can facilitate patient educational programs, fall risk assessment, "Ask the Pharmacist" and "Brown bag" type of activities, medication lists/wallet cards, computer skills, and Medicare Part D education with medicare.gov among many others.

In most cases, many of these activities can easily be modified for other non-geriatric sites. However, there is an increased focus on improving students' comfort and knowledge relating to older adults based on the significant aging trend within our population. This experience is valuable in many environments where students will practice as pharmacists.

Useful Readings

Students who will be involved with rotations focusing on the older adult population may also benefit from specific readings to enhance their learning experience. Some examples include:

- Delafuente J. Pharmacokinetic and pharmacodynamic alterations in the geriatric patient. *Consult Pharm* 2008; 23: 324-334.
- Fick DM, Cooper JW, Wade WE, et al. Updating the Beers Criteria for potentially inappropriate medication use in older adults. *Arch Intern Med* 2003; 163: 2716-2724.
- Flynn B. What it is like to be a long-term care resident: A personal perspective. *Consult Pharm* 2005; 20:610-614.
- Martin CM, McSpadden CS. Changes in the State Operations Manual: Implications for consultant pharmacy practice. *Consult Pharm* 2006; 21:948-961.

Other Resources and Tips

Lastly, there are many resources available to you as preceptors from your individual College of Pharmacy, be sure to check with your office of experiential education for available training programs. Other options include:

- ASCP website- *Preceptor, student, and senior care pharmacy practice resources* <https://www.ascp.com/>
- Utilize the Consultant Pharmacist journal from ASCP (useful case studies, articles)- *issues available to members on the ASCP website*
- Pharmacist's Letter for preceptors (journal club feature)- *available to subscribers* <http://pharmacistsletter.therapeuticresearch.com>
- Sign up for email clinical updates from organizations relevant to your practice - *will assist with "hot topic" ideas in any setting*
- Real life discussions- students appreciate and value this most!
- Unsure about how to contact your local College of Pharmacy? <http://www.acpe-accredit.org/>

References:

Accreditation Council for Pharmacy Education. Accreditation Standards and Guidelines for the Professional Program in Pharmacy Leading to the Doctor of Pharmacy Degree. Chicago, IL: Accreditation Council for Pharmacy Education; 2006. Available at: http://www.acpe-accredit.org/pdf/ACPE_Revised_PharmD_Standards_Adopted_Jan152006.pdf. Accessed July 18, 2011.

Please join the CT Chapter of the American Society of Consultant Pharmacists (CT-ASCP) for a LAW CE-dinner*

B vs. G: Where Politics and Medicine are Trying to Mix

Kevin W. Chamberlin, PharmD

Assistant Clinical Professor, University of Connecticut School of Pharmacy
Core Faculty UConn Health Center - Center on Aging Dowling South - Geriatrics Associates

November 7, 2011- 5:30 pm

Masonicare Health Center Auditorium**

22 Masonic Ave

Wallingford, CT 06492

**1 contact hour (0.1 CEU) on LAW accredited by
the CT Commission of Pharmacy**

Registration: \$15.00 - REGISTER BY NOVEMBER 1, 2011

[Click here to register online now!](http://www.ascp.com/connecticut) www.ascp.com/connecticut

[Click here to print a registration form from the CT Chapter Page](#)

(Not a member - NO PROBLEM! Create a Non-Member Community Account)

LEARNING OBJECTIVES:

At the conclusion of this 1-hour knowledge-based CE program, participants should be able to:

- (1) Describe the current legislation across the United States and within Connecticut regarding mandating brand drugs where generic substitutes exist.
- (2) Evaluate the differences between brand and generic drug testing, pharmacokinetics, and manufacturing.

To obtain CE, the pharmacist must attend the full 1 hour CE program

CT-ASCP is the proud sponsor of the [13th Senior Symposium](#) (March 29-30, 2012)

*wraps, salads, cookies, coffee/tea will be served

** Please note parking in front of main entrance is reserved for visitors of patients only.

Please use Lot A and Lot B; [Click here for directions to the program](#)

For questions on registration, please contact Jennifer Sharkey at jsharkey@ascp.com or 703-739-1300 x 176



2011 ASCP Chapter Council Meeting - Updates from ASCP

Kim L. Daley, Pharm.D., ASCP Secretary/Treasurer

This year's meeting was held September 13-14 at the ASCP headquarters in Alexandria, Virginia. The meeting started with an overview of ASCP's total staff provided by Penny Shelton, ASCP President Elect. Many staff and board members were in attendance and presented at the meeting. 17 of the 23 chapters attended including a representative from Canada. There are approximately 6000 members of ASCP with an approximate total of 10,000 including students.

Earlier this year John Feather, Executive Director/CEO announced that he will be leaving ASCP. He will remain CEO until September 30th. At that time Viresh Desai, CFO will become interim CEO and Muoi Luong, Assistant CFO will become interim CFO. Interviews are being conducted with the hope to announce ASCP's new Executive Director at this year's Annual Meeting in Phoenix, Arizona November 16th – 18th.

As of December 2010, ASCP's website has been updated so visit www.ascp.com to check out the changes. All members should log in immediately to have complete access to all the benefits. Once logged in you will be able to renew your membership, update personal contact info, or access free copies of The Consultant Pharmacist journal articles. Continuing education credits can also be stored and printed through the ASCP Professional Development Center.

The Commission for Certification in Geriatric Pharmacy (CCGP) is applying for accreditation from the National Commission for Certifying Agencies. The recertification process was also changed with the fee decreased from \$600 to \$400 per five-year certification cycle. Also live workshops are no longer required for recertification and all continuing pharmacy education credits needed can be accessed online through the ASCP website.

**Congratulations to CGP Certificate Recipient -
Jennifer DiMauro**

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Connecticut Chapter - American Society of Consultant Pharmacists

Notes 'n Votes - September 2011 Board Meeting

Kim L. Daley, Pharm.D., CT-ASCP Secretary / Treasurer

LEGISLATIVE AFFAIRS

L. Sobel reviewed the state prescription drug purchasing bill. S. Jeffery suggested hiring Public Relations representatives to advocate for the LTC pharmacy profession. Suggestion of a celebrity spokesperson was also brought up. ASCP Washington Fly-In is taking place September 14-15.

UCONN UPDATE

President of the Student Chapter, Heather Jahn, is asking for consultant pharmacist volunteers who would be interested in allowing students to shadow 2-4 hours at a time. Please contact Heather if interested:
HeatherLynneJahn@gmail.com.

SENIOR SYMPOSIUM - Senior Symposium 2012 (SS12): Thursday, March 29- Friday, March 30 @ Foxwoods Casino

M. Wrabel announced dates & location for SS12. ASCP must increase registration sales for the following year. S. Jeffery will contact colleague in charge of "INR" and "PharmEd" CE programs regarding mailing list to increase advertisement. S. Jeffery will contact National ASCP regarding producing CEs for the state level. He will also inquire about increasing the budget for state chapter CE programs and National supporting a greater range of regional meetings every year. D. Chapron is interested in presenting at SS12.

QUARTERLY CE MEETING

A. Huie-Li announced the Quarterly CE will be held on Monday, 11/7 @ 5:30pm at Masonic Health Care. K. Chamberlain will present a 1 hour CE. ASCP needs to determine menu, cost, and whether this will be a law CE. Program needs final approval from the State Pharmacy Board – they meet 9/28/11.

Meeting adjourned at 7:44PM.

Next Meeting: October 3rd @ 5:30pm - Machiavelli's

Respectfully submitted,
 Anna M. Torda for Kim L. Daley Secretary/Treasurer

MEMBER NAME & TITLE	May	June	Sept
Gene Memoli, President/Chair Senior Symposium Committee	X	X	
Mark Wrabel, President-Elect	X	X	X
John Cannarella, Immediate Past-President		X	
Kim Daley, Secretary / Treasurer	X	X	
Michel Fortin, Past President, Past Secretary / Treasurer		X	
Mike Gemma, Board 2009/ Legislative Committee	X	X	X
Amy Huie-Li, Board 2009 /Communication Co-Chair	X	X	X
Kevin Chamberlin, Board 2008 / Communication Committee	X	X	X
Brian Pelletier, Board 2008/ Communication Committee			
Paul Belcher, Board 2007 / PAC Committee			X
Kathy White, Board 2007 / Senior Symposium	X	X	X
Anna Torda, Communication Committee	X	X	X
Larry Sobel, President Emeritus / Legislative Chair	X	X	X
Bob Tendler, Legislative Committee	X	X	
David Cooper, Past President / Sales Senior Symposium			
Dennis Chapron, Senior Symposium Committee	X		X
Sean Jeffery, Senior Symposium Committee			X

SPONSOR RECOGNITION

Katherine Gradziki from Merck was thanked for the sponsorship and educational presentation.

Sponsorship: Katherine J. Gradziki, Merck,
 Dawn Tice - speaker
 Guests: Maureen Sobel, Rudy Dajie, KC Ogbonna

Editorial Board

- > Amy Huie-Li, PharmD, CGP
- > Kim Daley, PharmD
- > Anna Torda, PharmD
- > Kevin Chamberlin, PharmD
- > Brian Pelletier, PharmD, CGP

